

WHEN A BABY IS BORN

PROPOSALS AND SERVICES
FROM THE FAMILY CENTRE



In collaborazione con:



Have you just had a baby or are you expecting?

Ferrara Council, through the services of **Centro per le Famiglie** and **Punto di Ascolto Ben Arrivato** in collaboration with A.U.S.L and Saint Anna hospital, offers all parents with children from 0-12 months the possibility of various types of professional help.

To request

- A home visit in the first week after giving birth.
- Help if you have trouble breastfeeding.
- To talk to an operator if you have questions about baby care (how and when to change, bathing your baby, why he/she is crying).
- Tips on weaning and putting your baby to sleep.
- Support if you feel lonely or a bit sad.

Call these numbers for an appointment:

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| • Centro per le Famiglie
From Monday to Friday
tel: 0532-768393 | • Punto di Ascolto Ben Arrivato
Tuesday and Thursday mornings
Cel:3351734485 |
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The Service is free and it is possible to request the presence of an interpreter

For any other information about schools, health, services for families and free-time activities also information about filling in the **applications for Maternity Allowance** and **Family Allowance for families** with at least three children under 18, contact:



InformaFamiglie&Bambini

Piazza XXIV Maggio, 1 - 44121 Ferrara

Tel. 0532 242179

informafamigliebambini@comune.fe.it

Days and opening hours of the office in the week

Time: 8.30–13.00 – Monday, Wednesday, Friday

Time: 14.00–17.00 – (summer time: 8.30–13.00)